

SPORTS SCHEDULE

YEAR 2022/2023

	FITNESS	SPORTS HALL	PABO	External Location
MONDAY	11.00 – 22.00	17.30 – 19.30 Basketball 19.30 – 21.00 Volleyball	17.30 – 18.30 Yoga 18.30 – 19.30 Dance/Step	
TUESDAY	11.00 – 22.00	17.30 – 19.30 Football 19.30 – 21.00 Badminton	19.00 – 20.30 Boxing	
WEDNESDAY	11.00 – 22.00	17.30 – 19.00 Badminton 19.00 – 21.00 Football	18.00 – 19.00 Pump 19.00 – 20.00 Zumba 20.00 – 21.00 Yoga	
THURSDAY	11.00 – 22.00	17.30 – 19.30 Basketball 19.30 – 21.00 Volleyball	18.30 – 19.30 Total Body Workout	14.30 – 15.30 Tennis Clinics*
FRIDAY	11.00 – 20.00		17.30 – 19.00 Boxing	
SATURDAY	11.00 – 17.00	11.30 – 14.00 Basketball 11.30 – 14.00 Volleyball	10.30 – 11.30 Yoga	

EXTRA INFORMATION:

- **Tennis Clinics: 5 weeks starting on February 16th. Location: Klatteweg 103, 2597 KA, The Hague**
- **Aerial Hoop will be on the schedule again in May.**

VERSION 1.5
JANUARY 23rd,
2023

CAMPUS
STUDENT LIFE & SPORTS



THE HAGUE
UNIVERSITY OF
APPLIED SCIENCES