

SPORTS SCHEDULE

YEAR 2025/2026

	FITNESS BLK.25	ZUIDERPARK SPORTS CAMPUS	PABO (BL002) (THUAS main building)	EXTRA CLINICS	SWIMMING
MONDAY	09.00 – 22.00		17.30 – 18.30 Yoga	18.30 – 20.00 Capoeira*	07.00 – 08.30 Zwembad Overbosch
TUESDAY	09.00 – 22.00		17.30 – 18.30 Yoga 19.00 – 20.30 Boxing		12.00 – 13.00 Zwembad Overbosch
WEDNESDAY	09.00 – 22.00	18.30 – 20.00 Football 19.00 – 21.00 Volleyball	19.00 – 20.00 Zumba 20.00 – 21.00 Yoga		07.00 – 08.30 Zwembad De Houtzagerij 20.30 – 22.00 Zwembad Het Hofbad
THURSDAY	09.00 – 22.00		17.30 – 18.30 Total Body Workout 18.30 – 19.30 Yoga		10.00 – 13.00 Zwembad Het Zuiderpark
FRIDAY	09.00 – 18.00	17.00 – 19.00 Basketball 19.00 – 21.00 Volleyball 18.00 – 20.00 Badminton	17.00 – 18.30 Boxing		07.00 – 08.30 Zwembad De Houtzagerij
SATURDAY	Closed				12.00 – 13.00 Zwembad Het Zuiderpark
SUNDAY	Closed	13.30 – 15.30 Basketball 13.30 – 15.30 Badminton			09.30 – 11.30 Zwembad Het hofbad

EXTRA INFORMATION:

- *Fitness: opens on August 25th , first week fitness open from 09.00 – 16.00
- *Classes & sports start on September 1st .
- *Capoeira: 5x weeks between 1-29 September, Location: PABO gymzaal (BL 002)

ZUIDERPARK SPORTS CAMPUS:

Meester P. Drooglever Fortuynweg 22, 2533 SR, The Hague

VERSION 5.5

August
2025

CAMPUS
STUDENT LIFE & SPORTS



THE HAGUE
UNIVERSITY OF
APPLIED SCIENCES